

## Food and Drink Policy

### Drinking Water

Fresh drinking water is available to children at all times from the water fountain.

There are scheduled drinks times during the morning and afternoon sessions. Lunch will obviously also provide specific drink breaks.

Any energetic play will be followed by the offer of drinks. In hot weather we will build in additional drinks times.

### Meals

Meal times will be a central part of building the community feel of Artisans. Children and Staff will all sit together. Tables will be properly laid using good quality crockery and utensils. Children will be involved in the laying of the tables, serving others and themselves. The children will be taught and encouraged to pour their own drinks, spread jam on their own toast and where appropriate prepare their own fruit.

Children will have elements of choice at all meal times.

Meal times will be used as teaching opportunities for explaining the basic elements of nutrition and its importance, as well as about food origins and preparation.

Meal times are also seen as central opportunities for developing conversational and language skills, as well as grace and courtesy skills, social etiquette and elements of the PSE curriculum.

Involving the children in preparation will also provide opportunities for mathematical learning and fine and gross motor skills.

Meals will be prepared by staff specifically trained for this role. Ingredients will be organic, as far as possible, and sourced through Ocado. Meals will be freshly prepared specifically for Artisans on site.

### Information from Parents

Dietary needs are detailed on the registration form. All teachers will be aware of any special needs and how to accommodate them. They will be posted in the kitchen for the cook, on the hatch in brief and by photographs in the daily organiser hanger.

### Food provided by parents

Artisans will provide all drinks and meals during the children's stay. If allergies exist that lead to parents needing to provide additional or alternative food and drink then details about storage etc will be discussed with parents before the child begins.

### Hygiene

We will comply with and be inspected by The Department of Environmental Health.

### Designated Staff Member

Katie Dorney and Donna Brice

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